

ANSD Queensland Programme 2022

DATE	WHO	THEME	LOCATION
Friday, March 24 9:30 - 2:30	Carolyn Doherty	<i>Face to Face with Jesus: Journey with Jesus into the wilderness as we prepare to celebrate the Paschal Mystery with mind and heart renewed.</i>	Villa Maria
Friday, April 1 9:30 – 3:00	Kathleen Mooney	<i>Archetype, Symbol and Sand</i>	Villa Maria
Tuesday, May 17 9:30 – 12:45	Judith Keller	<i>Bring Breath Alive</i>	Zoom
Saturday, June 4 9:30 – 3:00	Cheryl Coller	<i>An Immersive Enneagram Workshop</i>	Villa Maria
Saturday, July 16 9:30 – 2:30	Tony Hempenstall	<i>Love At The Heart Of Universe: Harnessing the Energies of Love</i>	The Archer Mountain Community
Fri – Sun August 19-21	Denise Brosnan	<i>Retreat - “Love’s Oneing: A Retreat about Contemplation”</i>	Mt Alford Lodge
Friday, Sept 16 9:30am – 3:00pm	Margaret Wesley	<i>HINENI: Waiting on God with receptivity and openness as we move into a new tomorrow.</i>	St Paul’s Anglican Church, Ashgrove
Sept 23-25	ANSD Conference	<i>Details to be announced</i>	Perth
Friday, October 28 10 – 2:30	Jenny Norman	<i>Quiet Day - Attending to Wild Beauty In and Through Creation</i>	Roma St Parklands (tbc)
Saturday, Nov 12 9:30 – 1:00pm Planning Meeting	Patrick Oliver	<i>A Morning with Patrick (tbc)</i> <i>Planning Meeting for 2023</i>	Villa Maria

So far this year, despite some changes to the programme for various reasons, we have met seven times, mostly face-to-face, including a weekend retreat, as well as online. A variety of members and other interested people joined in these gatherings, and we look forward to the other events planned for the rest of this year. We have a great group of people who join in our events and who engage with our programme with enthusiasm.

Lenten Quiet Day – *Face to Face with Jesus.*

Friday March 24. Carolyn Doherty

This was a time for each person there ... time to breathe ...time to be gentle with ourselves ... a time to encounter, face to face, Jesus the Christ, who delights in each and every one of us. Through meditation, Lectio Divina and quiet time, our group journeyed with Jesus into the wilderness as preparation to celebrate the Paschal Mystery with mind and heart renewed.

Carolyn has a passion for assisting others to recognize the beauty of who they are in Divine Love. She has a Graduate Diploma in Theology (2007) and graduated from Ministry Education Commission Spiritual Direction Formation program in 2014. She has also completed courses in the Enneagram and Dream exploration.

This day was held at the beautiful Villa Maria Spirituality Centre in Brisbane.

Archetype, Symbol and Sand.
Friday, April 1. Kathleen Mooney

In this workshop we explored Jung's archetypes. Archetypes are the various energies that draw us to wholeness. We had a fascinating look at how the archetypes can be expressed in symbol and explored using symbols to play in the sand. It was a lovely day and insightful day.



Kathleen Mooney is a Sister of Saint Joseph who has a Bachelor of Education, Grad. Dip. of Education (Leadership) and a Master's degree in Social Science (Counselling). She has been a teacher and a principal of Primary Schools. She has worked as a counsellor for women and children, at Mackwood Life, using sandtray therapy and solution focused therapy. She has attended many workshops and Master Sessions on Sandplay. She has participated in a conference on Sandplay in Switzerland and she has a certificate on Sandplay therapy through the Institute of Expressive Therapy. She had taught counselling at tertiary level, to those interested in counselling children and adolescents, where sandplay was an important component. She had run many workshops on archetypes, symbol and sandplay work. Kathleen is now working at St Kevin's School as School Pastoral Counsellor and at Romero as volunteer counsellor and general helper for volunteers and asylum seekers.

This day was also hosted at the Villa Maria Spirituality Centre in Brisbane

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Bring Breath Alive
May 17. Judith Keller

Breathing as spiritual practice was the overall orientation of our time together. We wove connections with one another and within Divine Presence through scripture, meditative practices, very easy movement, the creation of our own breath prayers, music and stillness. As we finished, we attuned our own breathing and aliveness with the breathing together of all living beings with whom we share this planetary time. There were two sessions with a 30-minute break in between. In the second session we shared a time of stillness together for around 10 minutes, leading in with a simple breath and heart coherence practice.

Judith has an M.Ed (Rel Ed) from Boston Coll and a Grad Dip in Christian Spirituality and has taught at the intersection of education, spirituality and the arts. Judith is now involved in community education, her local Botanic Gardens as a Guide, teaching circle dance, and Christian meditation.

This was an online presentation, via zoom

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An immersive Enneagram Workshop: Understanding myself & others through the eyes of the Enneagram
Saturday, June 4. Cheryl Collier

Outline:

- There was a brief introduction to the Enneagram as an image & growth system, including Cheryl's work in SD with enneagram.
- This was followed by a brief description of the difference between behaviour & motivations
- We saw a live version of each number & were able to ask the panel questions

Cheryl is a Spiritual Director and therapist currently working in Aged care. The experiences of her life in Occupational Therapy, full time Ministry, motherhood and now grandmotherhood have blended beautifully for an interesting and full life. She has a passion for the Enneagram's power to lead people to growth and fulfillment.

Venue: Villa Maria Spirituality Centre, 123 Warren Street, Brisbane

Love At The Heart Of Universe: Harnessing the Energies of Love.

Saturday, July 16. Tony Hempenstall cfc

“The day will come when, after harnessing space, the winds, the tides, and gravitation, we shall harness for God the energies of love. And on that day, for the second time in the history of the world, we shall have discovered fire.” — [Pierre Teilhard de Chardin](#)

This day was a follow-up to last year’s topic “The Cosmic Christ”.

During this day, participants had the opportunity to ‘walk the land’, to reflect on the Cosmic spiral and/or the labyrinth. The venue provided a wonderful atmosphere for reflection and prayer.

Brother Tony is a Christian Brother, Teacher, Spiritual Director and Retreat Director. He spent 15 years teaching in both primary and secondary schools in North Queensland and Brisbane. In the 1980s and 90s Tony trained in the United States in areas of spiritual companioning and spirituality and has spent many years working as a spiritual director, counsellor and facilitating retreats and workshops on the spiritual journey with particular reference to the middle years and transitions as they impact on the story of one’s life. He has since studied and reflected deeply on the New Cosmology as presented by Thomas Berry and Brian Swimme and many others working in that field. For some 15 years he lived and directed The Archer Eco-spirituality centre outside Woodford in Queensland where he was a member of a team of religious who presented the New Story and Care of Earth spirituality to fellow pilgrims on that journey of spirituality. He now resides in Brisbane. He has a passion for telling the New Story and presenting the New Cosmology as a valid way to be Human and Christian in today’s world.

This day was held at The Archer Mountain Community, 68 Myleema Road, Villeneuve via Woodford.

Retreat Weekend: “Love’s Oneing: A Retreat about Contemplation”

Friday, August 19 – Sunday, August 21. Denise Brosnan

“May they be one” John 17:21

Four mystics were visited during this weekend.

Fourteen people gathered for the weekend at Mt Alford Lodge, in the beautiful Fassifern Valley to share together input on a number of mystics, group meditation and times for individual reflection and creativity. Spiritual Direction was offered by Denise and Jo.

Denise Brosnan is a Sister of Saint Joseph who ministers in spirituality full time as a spiritual director, supervisor and retreat giver. Denise lectures and supervises in the St Francis’ Spiritual Direction Formation Programme. Denise has held various roles in Catholic Education and currently offers in-service to school staff in the areas of spirituality and scripture. Denise is a qualified counsellor and sandplay therapist and often uses sand and symbols in her ministry. As an educator, Denise has ministered in various places including the Kimberleys, Western Australia, regional and outback Queensland and Timor Lester (East Timor) and continues to be connected with those who are often seen to be on the edge of society including those who have sought refuge or asylum.

**Quiet Day - HINENI: Waiting on God with receptivity and openness as we move into a new tomorrow.
Friday, September 9. Margaret Wesley**

HINENI is the word often used by prophets in the Jewish Scriptures when God called them. It means “Here I am” and suggests receptivity to however God may choose to meet them. It is an empty-handed stance in which we admit we don’t have the answers and that we cannot control what God might say or be or ask.

As we continue to deal Covid-19 in 2022, and many other changes, we find ourselves feeling unsure, perhaps, of what new directions might be opening to us, and confused about where to begin this new journey.

This quiet day offered time for reflection and meditation to simply be in this receptive stance and let God meet us each where we are.

Margaret is an Anglican parish priest and spiritual director who has combined soul care, teaching and writing in various ways over nearly 30 years of ministry. She remembers reading these words from Isaiah 6 for the first time as a teenager:

Then I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?”

And joining with Isaiah's, “Here am I; send me!” in a way that she knew would take her on a wild adventure. And it has! This quiet day takes her back to that moment as we all respond to God’s call to be present to our anxious world in a new way in the new year.

This day was held at St Paul’s Anglican Church, Ashgrove.

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Upcoming Events:

**Quiet Day - Attending to Wild Beauty in and Through Creation
Friday, October 28. Jenny Norman**

At this precise moment in human history, it is vital that we bridge the false divide between the human and non-human worlds lest we risk losing the wild beauty that is our deepest nature and greatest hope. (Mary Reynolds Thompson, Reclaiming the Wild Soul)

Mary Reynolds Thompson suggests that a deeply precious and essential part of who we are as humans is endangered by a false cultural divide between the human and non-human worlds. This day is an opportunity to ‘be’ in the presence of Wild Beauty, to nurture our inner wild beauty and our oneness with all creation. Our primary guides will be waiting for us in the natural world, as we deeply listen, opening ourselves to their wisdom. They will be supported by the wisdom of spiritual guides from the human world. As Wild Beauty inspires us, we will have space for creative exploration, giving voice and form to the experiences and wisdom of the day.

Jenny is a 2020 graduate of the St Francis College Spiritual Direction Program and is now involved in local parish life and ministry at Camp Hill, Brisbane. She has a passion for nurturing spirituality and creating community at the edges. She offers group retreats in daily life, facilitates a weekly centering prayer group, and is often found in a local community garden. She is drawn to the natural world: regularly finding companionship, a sense of wholeness and inspiration in the nearby Whites Hill Bushland Reserve, and more recently in camping trips and swimming in the ocean. Dream-listening has a significant place in her spirituality. She participates in a dream group and the call of wilderness and Wild Beauty has been strengthened in her through the mystery of dreams.

This day will be held in the beautiful Roma Street Parklands

Saturday, November 12. Helpful aids to Prayerfulness: Balm for the Soul

In this presentation, Patrick Oliver will present some examples of materials he has developed and used over the last year or two with participants during retreats. They are designed as helpful aids to prayerfulness – for example, on topics such as growing in hope and growing in the capacity to be forgiving. There will also be something on ways to help ourselves (or perhaps directees we might be seeing) become aware of ways in which we can get “stuck” in our prayer, or our sense of God’s presence within and around us. As well, there will be ways in which we can review our life’s unfolding from the perspective of grace.

The morning is designed to be an open forum, where discussion and reflection from the materials will be welcomed, for the benefit of all. Through the sharing, those attending hopefully will find it both as practically helpful and as balm for the soul.

Patrick Oliver works full-time in companioning others in spiritual direction and conducts retreats and workshops. Patrick is a teacher in the St Francis’ Spiritual Direction Formation Programme and was a keynote speaker at the National ANSD Conference 2019. Patrick has post-graduate qualifications in Theology and Spirituality and is a self-published author. Patrick’s website: www.patrickoliver.net.au

Venue: Villa Maria Spirituality Centre, 123 Warren Street, Brisbane

Patrick’s presentation will be followed by a planning meeting for the 2023 Programme. All are welcome to remain and contribute to this.

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