

Sydney ANSD

Rejuvenating Deep Talk Retreat

As a spiritual director, you generously offer a caring presence to those who come to you. Here is an opportunity to refill your own well. Come and take time to slow down and listen for that “still, small voice” of the Holy Spirit as we reflect on Scripture, supported by being in community with others. Come open to receiving the insights or inspiration you need to refill your well.

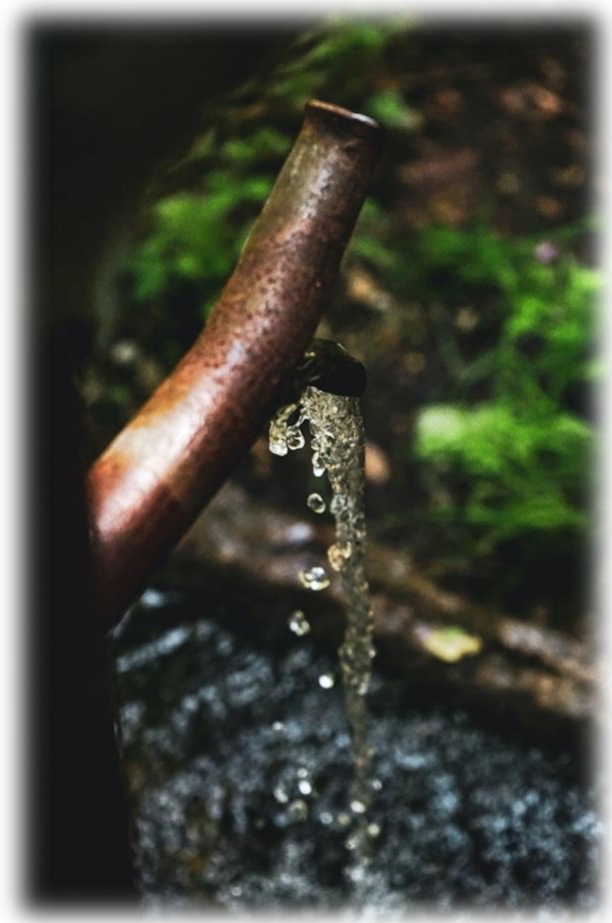


Photo by [Frank Albrecht](#) on [Unsplash](#)

You are invited to join us for a rejuvenating retreat with ‘**Deep Talk**’, led by spiritual director and Godly Play storyteller **Carolyn Handley**.

Date: Saturday 5th June, 2021

Time: 10am – 2pm

Venue: St Joseph’s Baulkham Hills – 33 Barina Downs Road, Norwest

Cost: \$40

Please bring your own lunch (morning tea will be provided), water bottle and whatever you would enjoy during a time of personal reflection – Pens and journal, art materials and paper, walking shoes ...

RSVP: Thursday 3rd June to ansdsydney@gmail.com or to Sally Jones on 0402 572 015

What is Deep Talk?

Deep Talk is a multi-sensory approach to storytelling developed for adults, which invites playful reflection, appreciative listening and creativity in community with others. Deep Talk invites you to learn from experiences and come up with new ideas and insights. Deep Talk invites a dialogue process where different opinions are welcomed and accepted. It helps people get in touch with their thoughts and feelings, attitudes and values, which enhances their ability for reflection and decision making.